



How Do I know If My Laboratories are Safe? Untangling the OSHA Regulations for Workplace Labs

June 27, 2017

NAEM WEBINAR SERIES: HOW DO I KNOW IF MY LABORATORIES ARE SAFE?

UNTANGLING THE OSHA REGULATIONS FOR WORKPLACE LABS



FEATURING



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PRESENTATION OVERVIEW

OSHA overview

What does OSHA say about Lab Safety?

What are the different types of labs that are regulated for H&S?

What regulations apply to your labs? (Regulatory overview)

What OSHA/H&S programs do your labs need to follow?

Lab design, what else do you need to know?

A wide-angle photograph of the United States Capitol building in Washington, D.C., taken at dusk. The building's iconic dome and neoclassical architecture are illuminated from within, casting a warm glow. The sky above is a mix of soft blues and oranges from the setting sun. In the foreground, a large, rectangular reflecting pool mirrors the building and the sky. The text "OSHA's General Industry Standard" is overlaid in white, sans-serif font across the center of the image.

OSHA's General Industry Standard

Title 29 of the Code of Federal Regulations Part 1910

WHO IS OSHA?

- In 1970, an estimated 38 workers were killed EVERY DAY in the United States
- OSHA Established by the Occupational Safety & Health Act of 1970 (OSH Act)
- The OSH Act is in Title 29 of the United States Code Chapter 15
- This Act established, for the first time, a nationwide, federal program to protect almost the entire work force from job-related death, injury and illness

WHO IS COVERED?

- The OSH Act covers most private sector employers and their workers, in addition to some public sector employers and workers in the 50 states and certain territories and jurisdictions under federal authority (e.g., Washington, DC).





THE “GENERAL DUTY” CLAUSE

NO MATTER THE SIZE OF YOUR OPERATION, YOU MUST:

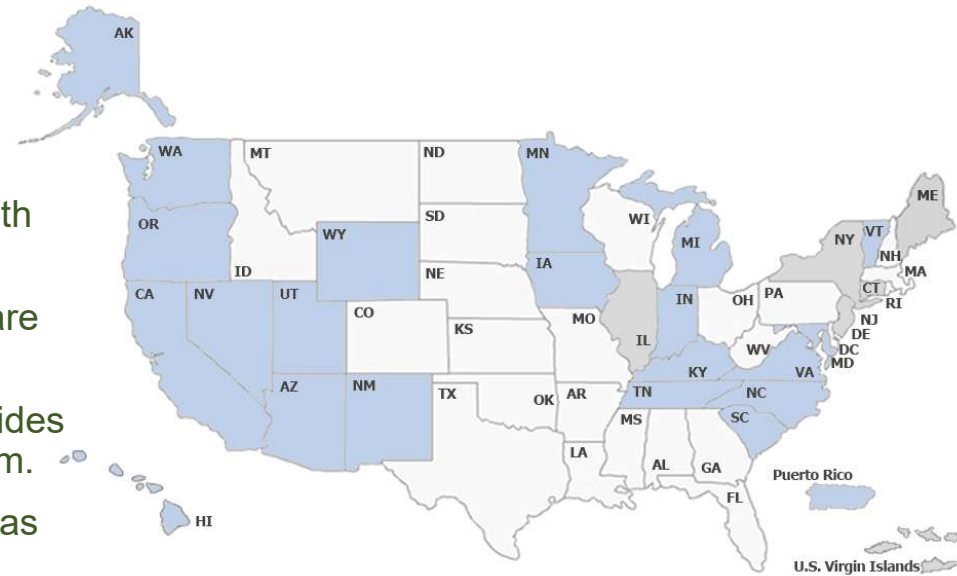
- Furnish each employee and their place of employment a workplace which is free from recognized hazards that are causing or are likely to cause death or serious physical harm to his employees;
- Comply with occupational safety and health standards promulgated under this Act

EMPLOYEES HAVE RESPONSIBILITIES TOO!

- Each employee shall comply with occupational safety and health standards and all rules, regulations, and orders issued pursuant to this Act, which are applicable to his/her own actions and conduct.

STATE PLANS

- Under Section 18 of the federal OSH Act, states are encouraged to develop their own H&S programs for both public and private sector employees
- State plans enforce their own set of standards, which are legally binding to employers
- OSHA approves and monitors all State Plans and provides as much as fifty percent of the funding for each program.
- State-run safety and health programs must be at least as effective (ALAE) as the federal OSHA program
- State Plans have the option to promulgate standards covering hazards not addressed by OSHA standards
- State Plans can impose higher fines than OSHA and have their own penalty reduction policies and procedures that may differ from OSHA's but must be deemed at least as effective



*Blue shading represents OSHA-Approved State Plans

*Gray shading represents OSHA-approved State Plans that cover state and local government public sector workers **only**

STATE PLANS

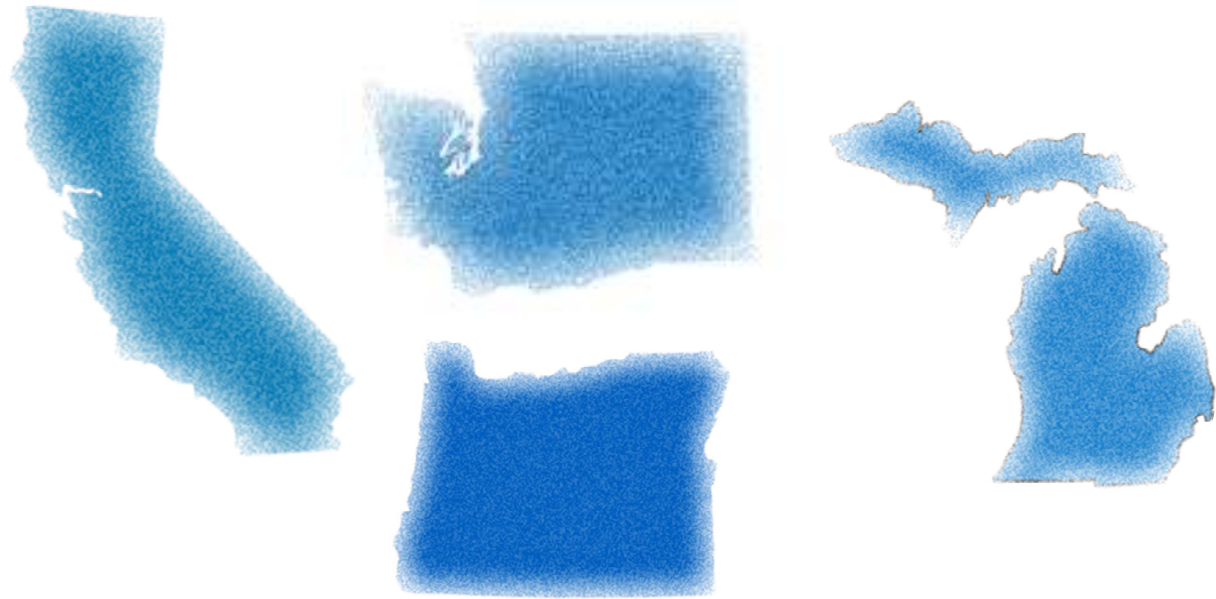
THE FOLLOWING 22 STATES OR TERRITORIES HAVE OSHA-APPROVED STATE PLANS THAT COVER BOTH PRIVATE AND PUBLIC SECTOR WORKERS:

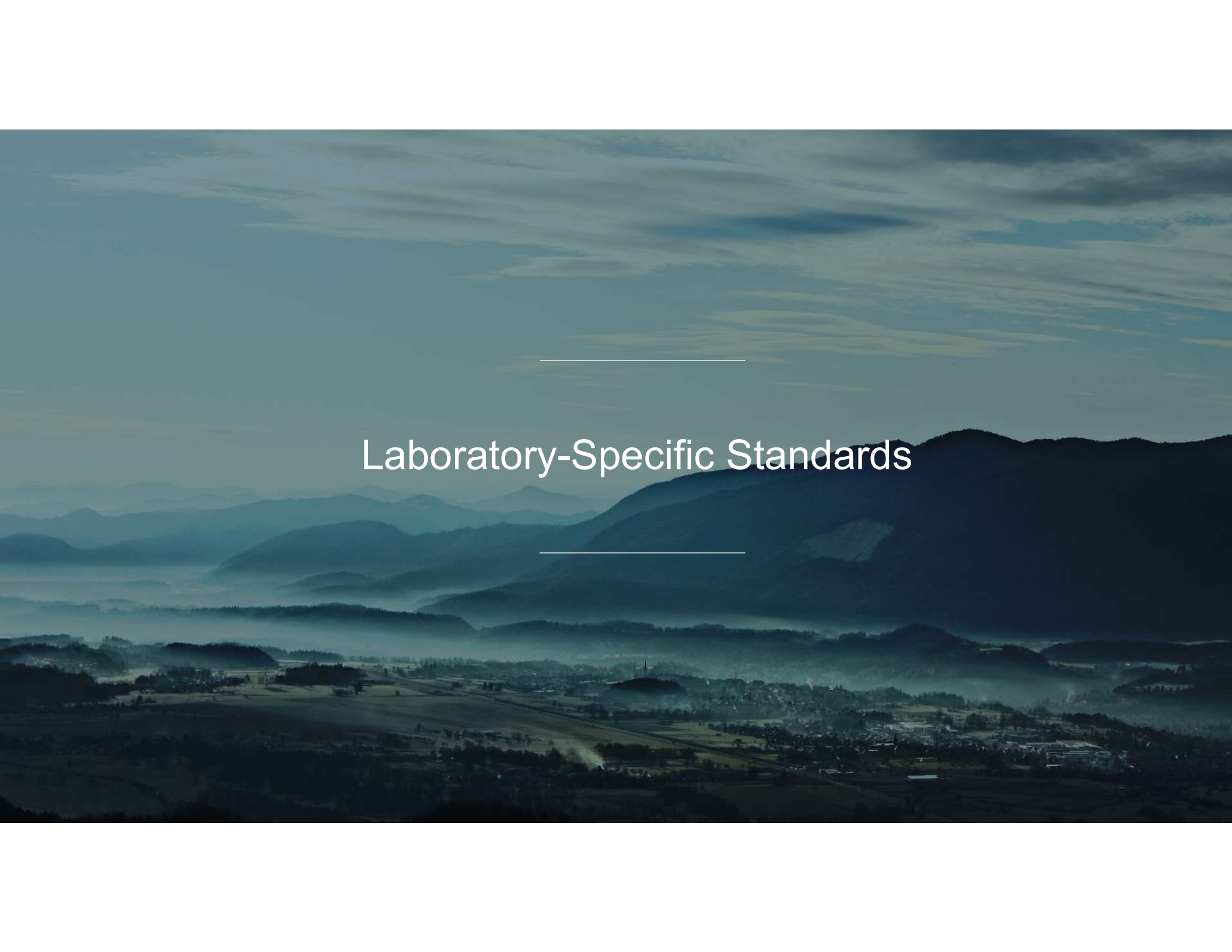
- Alaska
- Arizona
- California
- Hawaii
- Indiana
- Iowa
- Kentucky
- Maryland
- Michigan
- Oregon
- Nevada
- Puerto Rico
- New Mexico
- Minnesota
- North Carolina
- South Carolina
- Tennessee
- Utah
- Vermont
- Virginia
- Washington
- Wyoming

STATE PLANS

STATES WITH MORE STRINGENT PLANS THAN OSHA

- California
- Michigan
- Oregon
- Washington



A wide-angle landscape photograph of a mountain range. The foreground shows a valley with a small town and fields. The middle ground features rolling hills and valleys filled with mist. The background consists of dark, silhouetted mountain peaks under a cloudy sky. The overall color palette is muted, with blues, greys, and greens.

Laboratory-Specific Standards

HAZARD COMMUNICATION STANDARD

- 29 CFR 1910.1200
- The HCS updated to meet requirements of the United Nations (UN) adopted the Globally Harmonized System of Classification and Labeling of Chemicals (GHS)
- Includes requirements for Training, Labeling, and Safety Data Sheets (SDSs) for hazardous chemicals
- Requires preparation of written program
- Requires preparation of written inventory of hazardous chemicals
- The HCS covers some laboratories:
 - Those whose function is to produce commercial quantities of materials
 - Laboratories connected with production processes
 - Includes quality control/quality assurance laboratories



OCCUPATIONAL EXPOSURE TO HAZARDOUS CHEMICALS IN LABORATORIES

29 CFR 1910.1450

We will call this the "Lab HCS" for this webinar

Covers laboratories meeting the criteria of "laboratory use" and "laboratory scale" but excludes procedures that are part of a production process

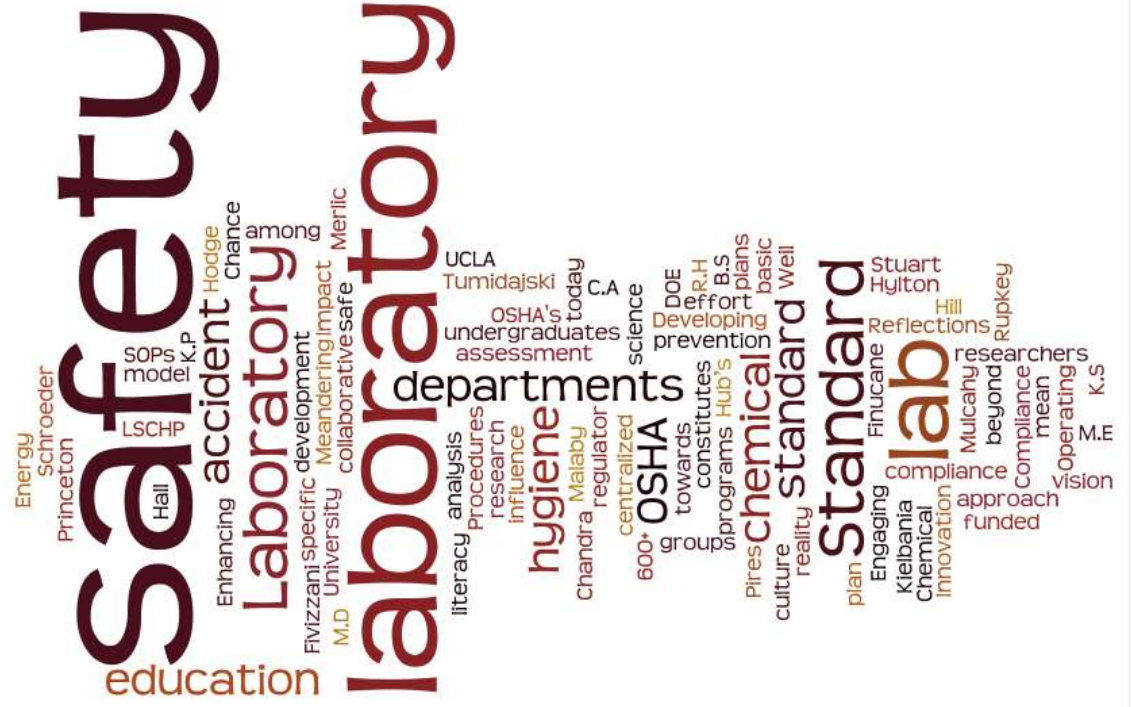
Includes requirements for Training, Labeling, and Safety Data Sheets (SDSs) for use of hazardous chemicals in laboratories

Requires preparation of written program – The Chemical Hygiene Plan (CHP)

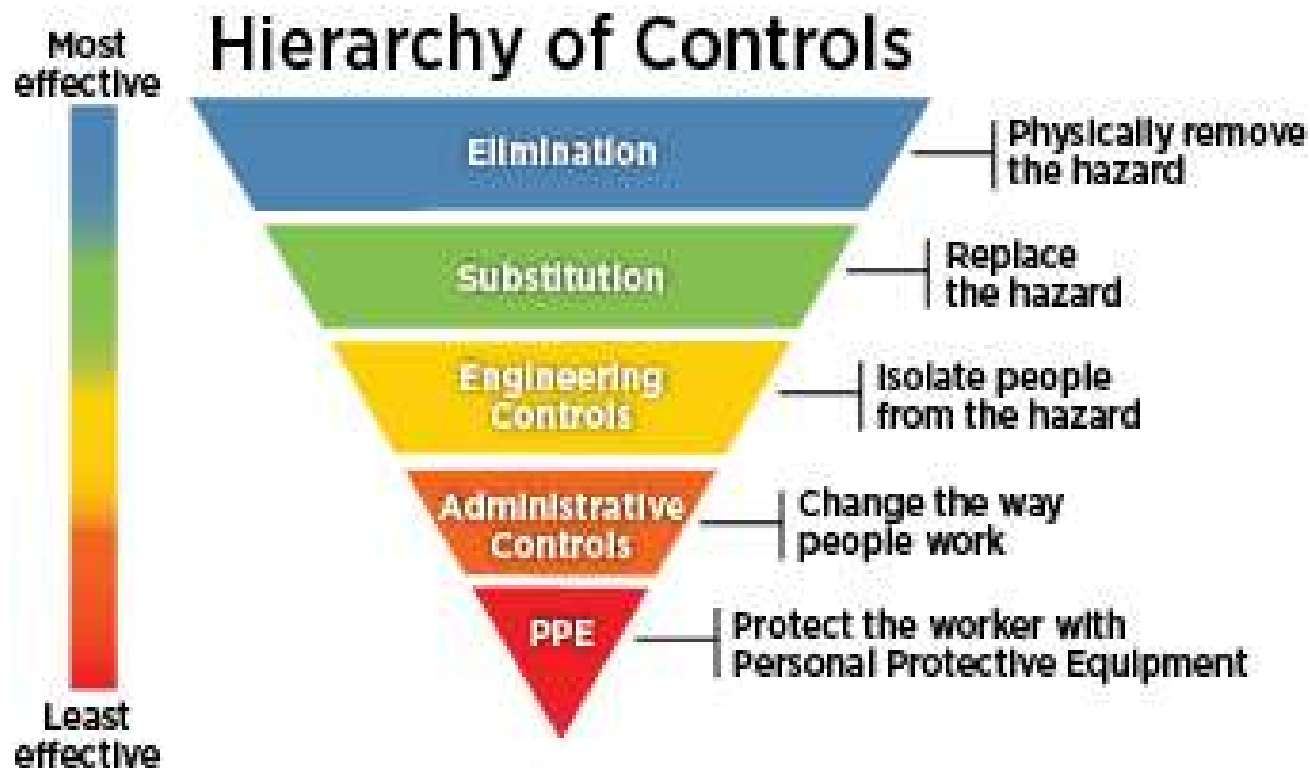
- 29 CFR 1910.1450 App A – NON MANDATORY (but helpful) summary of the National Research Council recommendations for a CHP



CHEMICAL HYGIENE PLAN



MINIMIZE OR ELIMINATE EXPOSURE



REQUIREMENTS OF A CHEMICAL HYGIENE PLAN

- The CHP MUST include (29 CFR 1910.1450(e)(1))
 - Standard Operating Procedures (SOPs)
 - Criteria that the employer will use to determine and implement control measures for exposure to hazardous chemicals
 - A requirement that fume hoods and other protective equipment are functioning properly
 - Specific measures that fume hoods are operating properly and adequately
 - Employee training content and requirements
 - Provisions for medical consultation and medical examinations
 - Designation of personnel responsible for implementation of the Chemical Hygiene Plan including the assignment of a Chemical Hygiene Officer
 - If appropriate, establishment of a Chemical Hygiene Committee
 - Proper use of containment devices such as fume hoods or glove boxes
 - Procedures for safe removal of contaminated waste
 - Decontamination procedures
 - Annual review requirement



STANDARD OPERATING PROCEDURES

- Prepare SOPs for all assigned tasks where hazardous chemicals are used
- SOPs should include:
 - Step-by-step instructions of the tasks assigned that include the use of hazardous chemicals
 - The hazardous chemicals used in the procedure
 - The proper means of protection from the hazards:
 - Engineering controls - Hoods
 - Administrative controls
 - PPE
 - Recordkeeping/logging
- Can also use SOP format for other CHP requirements:
 - Hood/enclosure testing and operation
 - Chemical labeling
 - Chemical storage and management



PERSONAL PROTECTIVE EQUIPMENT (PPE)

Utilize a Job Safety Analysis (JSA) to find hazards throughout every department / task/ job function

Develop program addressing:

- Hazards present
- Selection of PPE
- Maintenance
- Use of PPE
- Training of employees
- Monitoring of the program to ensure ongoing effectiveness

Cover the cost of non-specialized PPE (no cost to the worker)

- If employees supplies own PPE, employer must ensure adequacy

Train employees on:

- Proper use/ care, maintenance, useful life, and disposal
- When to use
- What kind to use
- Limitations

LABORATORY PPE



Eye Protection



Respiratory
Protection



Chemical
Resistant
Clothing



Face Protection



Hand Protection

29 CFR 1910.132 still applies, even in a lab

DETERMINE HAZARDS – SOP or JSA

PPE ASSESSMENT FORM

Issue Date: December 2015
Revision #: 00
Revision Date:



TASK:

Company: Click here to enter text.	Task Description: Click here to enter text.	Developed by: Click here to enter text.	Date: Click here to enter text.
Location(s): Click here to enter text.	Certified by: Click here to enter text.	Additional Information: Click here to enter text.	

Eyes		
Work Activity: <input type="checkbox"/> sanding <input type="checkbox"/> sawing <input type="checkbox"/> grinding <input type="checkbox"/> hammering <input type="checkbox"/> chipping <input type="checkbox"/> torch brazing <input type="checkbox"/> punch press operations <input type="checkbox"/> other:	Exposure to: <input type="checkbox"/> airborne dust <input type="checkbox"/> UV <input type="checkbox"/> chemical splashes <input type="checkbox"/> laser operations <input type="checkbox"/> glare/high intensity lights <input type="checkbox"/> hazardous liquid chemicals mists <input type="checkbox"/> hot sparks <input type="checkbox"/> other:	Can hazard be eliminated without the use of PPE? Yes <input type="checkbox"/> No <input type="checkbox"/> If no, use: <input type="checkbox"/> Safety goggles <input type="checkbox"/> Welding helmet/shield <input type="checkbox"/> Chemical splash goggles <input type="checkbox"/> Shading/Filter (# _____) <input type="checkbox"/> Welding shield <input type="checkbox"/> Other:

Face		
Work activities: <input type="checkbox"/> cleaning <input type="checkbox"/> mixing chemicals <input type="checkbox"/> pouring <input type="checkbox"/> working outdoors <input type="checkbox"/> other:	Exposure to: <input type="checkbox"/> hazardous liquid chemicals <input type="checkbox"/> extreme heat <input type="checkbox"/> extreme cold <input type="checkbox"/> potential irritants <input type="checkbox"/> other:	Can hazard be eliminated without the use of PPE? Yes <input type="checkbox"/> No <input type="checkbox"/> If no, use: <input type="checkbox"/> Face shield <input type="checkbox"/> Shading/Filter (# _____) <input type="checkbox"/> Welding shield <input type="checkbox"/> Other:

Head		
Work activities: <input type="checkbox"/> building maintenance <input type="checkbox"/> electrical wiring <input type="checkbox"/> walking/working under catwalks <input type="checkbox"/> walking/working on catwalks <input type="checkbox"/> walking/working under conveyor belts <input type="checkbox"/> working with/around conveyor belts <input type="checkbox"/> walking/working under crane loads	Exposure to: <input type="checkbox"/> beams <input type="checkbox"/> pipes <input type="checkbox"/> exposed electrical wiring or components <input type="checkbox"/> falling objects <input type="checkbox"/> fixed object <input type="checkbox"/> machine parts <input type="checkbox"/> other:	Can hazard be eliminated without the use of PPE? Yes <input type="checkbox"/> No <input type="checkbox"/> If no, use: <input type="checkbox"/> Protective Helmet <input type="checkbox"/> Type A (low voltage) <input type="checkbox"/> Type B (high voltage) <input type="checkbox"/> Type C <input type="checkbox"/> Bump cap (not ANSI-approved) <input type="checkbox"/> Hair net or soft cap <input type="checkbox"/> Other:

PPE ASSESSMENT

Hands/Arm		
Work activities: <input type="checkbox"/> material handling <input type="checkbox"/> grinding <input type="checkbox"/> welding <input type="checkbox"/> hammering <input type="checkbox"/> working with glass <input type="checkbox"/> using power tools <input type="checkbox"/> working outdoors <input type="checkbox"/> using knives/ razor blades <input type="checkbox"/> other:	<input type="checkbox"/> sanding <input type="checkbox"/> sawing <input type="checkbox"/> blood <input type="checkbox"/> extreme heat <input type="checkbox"/> animal bites <input type="checkbox"/> vibration <input type="checkbox"/> musculoskeletal disorders <input type="checkbox"/> tools or materials that could scrape, bruise, or cut <input type="checkbox"/> other:	<input type="checkbox"/> chemicals <input type="checkbox"/> extreme cold <input type="checkbox"/> electric shock <input type="checkbox"/> sharps injury Can hazard be eliminated without the use of PPE? Yes <input type="checkbox"/> No <input type="checkbox"/> If no, use: <input type="checkbox"/> Gloves <input type="checkbox"/> chemical resistance <input type="checkbox"/> Liquid/leak resistance <input type="checkbox"/> Temperature resistance <input type="checkbox"/> Abrasion/cut resistance <input type="checkbox"/> Slip resistance <input type="checkbox"/> Latex or nitrile <input type="checkbox"/> Anti-vibration <input type="checkbox"/> Protective sleeves <input type="checkbox"/> Ergonomic equipment <input type="checkbox"/> Other:

Feet/Legs		
Work activities, such as: <input type="checkbox"/> building maintenance <input type="checkbox"/> food processing <input type="checkbox"/> working outdoors <input type="checkbox"/> logging <input type="checkbox"/> trenching <input type="checkbox"/> use of highly flammable materials <input type="checkbox"/> other:	<input type="checkbox"/> construction <input type="checkbox"/> demolition <input type="checkbox"/> foundry work <input type="checkbox"/> plumbing <input type="checkbox"/> welding	Work-related exposure to: <input type="checkbox"/> crushing <input type="checkbox"/> slippery/wet surface <input type="checkbox"/> heavy equipment <input type="checkbox"/> chemical penetration <input type="checkbox"/> explosive atmospheres <input type="checkbox"/> slippery surfaces <input type="checkbox"/> impact from objects <input type="checkbox"/> exposed electrical wiring or components <input type="checkbox"/> other:

Feet/Legs		
Work activities, such as: <input type="checkbox"/> building maintenance <input type="checkbox"/> food processing <input type="checkbox"/> foundry work <input type="checkbox"/> working outdoors <input type="checkbox"/> plumbing <input type="checkbox"/> use of highly flammable materials <input type="checkbox"/> other:	<input type="checkbox"/> construction <input type="checkbox"/> demolition <input type="checkbox"/> logging <input type="checkbox"/> welding <input type="checkbox"/> trenching	Work-related exposure to: <input type="checkbox"/> explosive atmospheres <input type="checkbox"/> heavy equipment <input type="checkbox"/> impact from objects <input type="checkbox"/> slippery/wet surface <input type="checkbox"/> chemical splash <input type="checkbox"/> chemical penetration <input type="checkbox"/> extreme heat/cold <input type="checkbox"/> exposed electrical wiring or components <input type="checkbox"/> other:



1

2



DETERMINE APPROPRIATE PPE

Discuss the selections with the employees required to use the PPE and provide them with the appropriate PPE that

- Is durable?
- Does it fit snugly and assure maximum protection?
- Does it interfere with the employee's movements?

PPE items/devices are not one -size fits all. PPE that fits poorly will not properly protect the wearer and may make it more difficult to work. For example, loose-fitting protective clothing can get caught in moving machine parts; poorly fitting gloves will increase the effort required to do a job. Also, an employee is less likely to use PPE that causes discomfort.



TRAINING

- The employer shall provide training to each employee who is required by this section to use PPE. Each such employee shall be trained to know at least the following:
- When PPE is necessary
- What PPE is necessary
- How to properly don, doff, adjust, and wear PPE
- Limitations of PPE
- Each affected employee shall demonstrate an understanding of the training, and the ability to use PPE properly, before being allowed to perform work requiring the use of PPE.

Retraining:

- Changes in the workplace
- Changes in the types of PPE
- Inadequacies in affected employee's knowledge or use of assigned PPE



A technical diagram of a laboratory hood. It shows a cross-section of the hood's interior and its connection to the building's ventilation system. Red arrows indicate the flow of air: one arrow points upwards from the front of the hood, another points upwards from the side, and a third points upwards from the back. A blue duct is shown connecting the hood to the ceiling, with an arrow pointing outwards towards the roofline, indicating exhaust. The hood is positioned above a laboratory bench with a sink and a stove.

LABORATORY VENTILATION

General ventilation

Chemical "fume" hoods

Glove boxes

Slot hoods

Downdraft tables

Goose neck/elephant trunk

ASPECTS OF GENERAL VENTILATION

- Building heating, ventilation, and air conditioning (HVAC)
- Room changes
- Negative/positive pressure
- Return and make up air



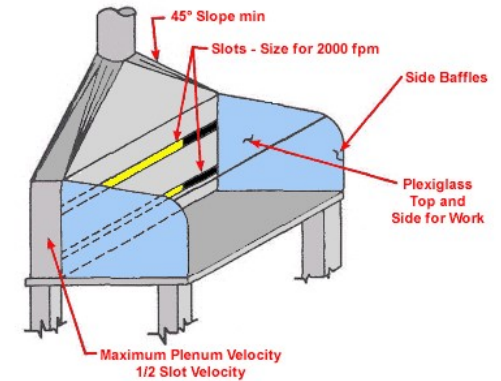
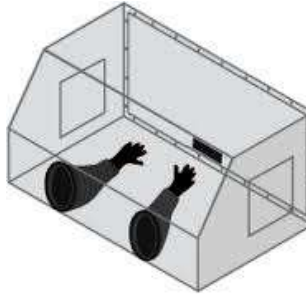
CHEMICAL HOODS

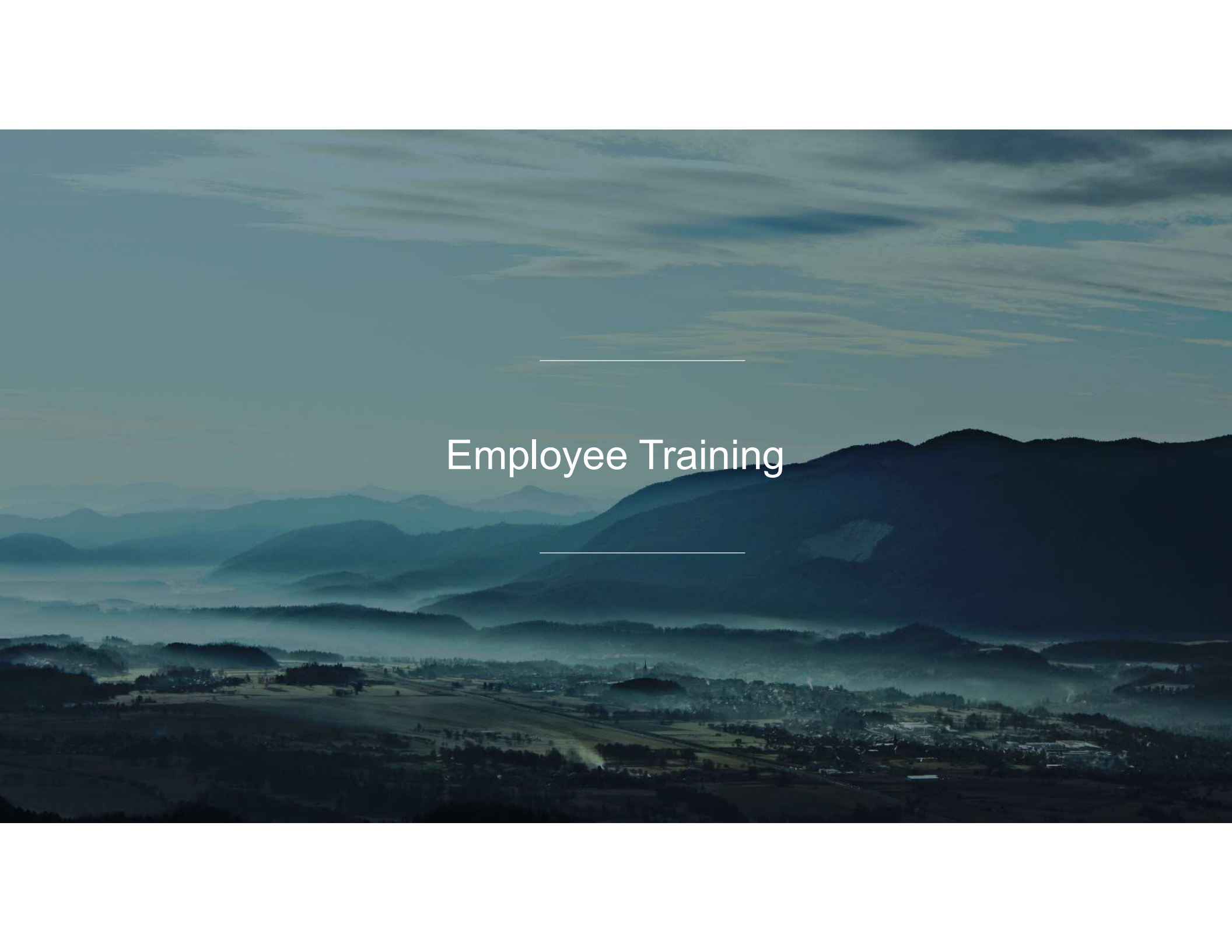
- Proper operation required by CHP
- Will change air balance in room
 - Make up air
- Face velocity vs capture velocity
- Sash positions
- Measuring/monitoring
- Resources for information



OTHER TYPES OF VENTILATION

- Glove boxes
- Slot hoods
- Downdraft tables
- Goose neck/elephant trunk



A wide-angle landscape photograph of a mountain range. The foreground shows a valley with a small town and fields. The middle ground features rolling hills and valleys filled with mist. The background consists of dark, silhouetted mountain peaks under a cloudy sky. The overall color palette is muted, with blues, greys, and greens.

Employee Training

LAB HCS REQUIRED TRAINING

- Methods used to detect the presence or release of a hazardous chemicals
 - monitoring conducted by the employer
 - continuous monitoring devices
 - visual appearance or odor of hazardous chemicals when being released, etc.);
- The physical and health hazards of chemicals in the work area
- The measures employees can take to protect themselves from these hazards
 - specific procedures implemented by the employer
 - appropriate work practices
 - emergency procedures
 - personal protective equipment
- New/re-training prior to assignments involving new exposure situations
- The employee shall be trained on the employer's written Chemical Hygiene Plan



TRAINING CONTINUED (BECAUSE IT SHOULD NEVER STOP!)

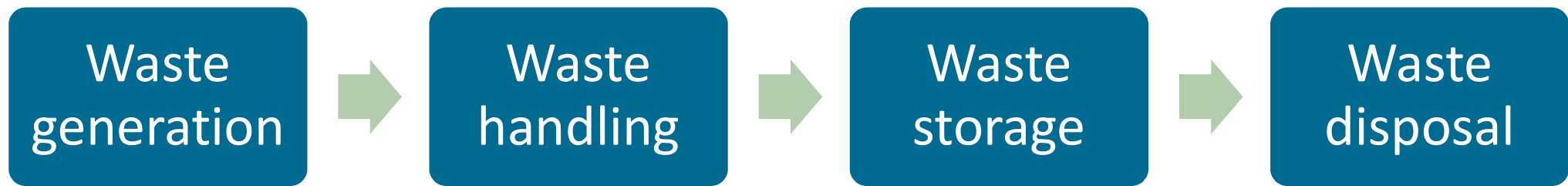
- Refresher training
 - Lab HSC does not have specific refresher training requirements
 - Lab HSC states "The frequency of refresher information and training shall be determined by the employer"
 - This implies that refresher training is required, the specifics are simply not spelled out
- Continuous training models
 - Rather than one long training, provide periodic training sessions
 - Keep topics rotating
 - Ask employees for training topics





Contaminated Waste

PROPER MANAGEMENT OF CONTAMINATED WASTE





CONTAMINATED WASTE MANAGEMENT

OSHA H&S requirements

EPA waste regulations

- Hazardous waste
- Training
- Haz waste storage
- Labeling
- Disposal

US DOT shipping regulations

- Labeling
- Shipping documentation
- Training

A wide-angle landscape photograph of a mountain range. The foreground shows a valley with a small town and fields. The middle ground is filled with rolling hills and valleys shrouded in mist. The background consists of dark, silhouetted mountain peaks against a cloudy sky. The overall color palette is muted, with blues, greys, and earthy tones.

Annual Review of CHP

REVIEW OF THE CHP

- The Lab HCS requires that the CHP is reviewed at least annually
- Remember that if the review is not documented, it did not happen!
- The CHP should be "updated as necessary"
- What should the review look like
 - Accident and injury review
 - Upset scenarios
 - Equipment failures
 - Review of new/changed chemicals
 - Employee interviews



A wide-angle landscape photograph of a mountain range. The foreground shows a valley with fields and some buildings. The middle ground is filled with layers of mountains, some covered in forest and others shrouded in mist. The background shows more distant, hazy mountain peaks under a cloudy sky. The overall color palette is muted, with greens, blues, and greys. The text 'Laboratory Design' is centered in the middle of the image, flanked by two horizontal white lines.

Laboratory Design

ASPECTS OF LAB SAFETY DESIGN

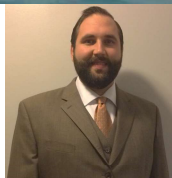
- It may seem obvious, but what are you doing in the lab?
 - Chemicals
 - Biologicals
 - Radioactive
- Ventilation
 - Must work with and not against base building systems
 - Hoods
 - Enclosures
 - Clean rooms
- Emergency action plans
- Fire protection



QUESTIONS



THANK YOU!



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Thank you for attending!



- A recording will be available for download in 1-2 days.
- Upcoming Conferences
 - ❖ 2017 Corporate Sustainability Management Conference
 - > [August 1-2, Chicago, IL \(Lombard\)](#)
- Upcoming Webinars
 - ❖ [July 25](#) - Building a Successful Renewable Energy Strategy to Meet Aggressive Sustainability Goals
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